



# Grocery Delivery Service

Orders can be placed between 9 a.m. – 12 p.m. on Monday through Thursday. Orders placed by 12 p.m. will receive same-day delivery.

Cost of services: Free

Payment for groceries: Cash or check only

15-item limit

Please understand that it is possible for some items to be out of stock. We will do our best to accommodate your needs.

To place an order, send an email to [info@mendonomahealth.org](mailto:info@mendonomahealth.org) or call (707) 412-3176 x 102.

If you have chronic health conditions that put you in a high-risk category for COVID-19 or if you are a single parent who needs a hand shopping for some essentials for your home, call Mendonoma Health Alliance (MHA) for help.

MHA and Action Network are teaming up to help meet the needs of the community's vulnerable populations by providing this free service. Just give us a call or email us your list of groceries (up to 15 items). We will do the shopping (wearing gloves) and bring your order to your door.

For the health & safety of our staff, this is a door delivery service only. Our staff is not authorized to enter homes at this time.

Payment must be ready at the time of delivery (we will call in advance with your grocery total).

COASTAL SENIORS is providing access to a similar service for seniors and individuals with disabilities.

