

MEDICAL

Redwood Coast Medical Services

(707) 884-4005 Gualala Health Center

(707) 882-2189 Point Arena Dental Center

(707) 882-1704 Point Arena Health Center

website: rcms-healthcare.org

Bright Heart

TeleMedicine

800-892-2695

website: brighthousehealth.com

SUICIDE PREVENTION

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

Spanish Speaking Hotline 1-888-628-9454

website: suicidepreventionlifeline.org

RAPE CRISIS/DOMESTICE VIOLENCE/HUMAN TRAFFICKING

Verity Rape Crisis Line

Santa Rosa

(707) 545-7270

website: ourverity.org

Project Sanctuary

Mendocino County

(707) 964-HELP

(707) 575-4357

website: projectsanctuary.org

HOUSING

Mendocino Coast Hospitality Center

(707) 961-0172

(707) 961-1150

website: mendocinochc.org

Mendocino County Assistance Program

website:

needhelppayingbills.com/html/mendocino_county_assistance_pr.html

YWCA Emergency Shelter & Counseling

Santa Rosa

(707) 546-1234

website: ywcasc.org/what-we-do/help-with-housing_covid

NATIVE RESOURCES

Sonoma county Indian Health Project

(707) 521-4550

website: scihp.org

Inter-Tribal Council of California Family Violence Prevention Program

(916) 973-9581

website: tribalresourcetool.org/vsp/inter-tribal-council-of-california-inc

Northern Circle Indian Housing Authority

(707) 468-1336

website: nciha.org

Manchester Point Arena Satellite Clinic

(707) 882-2877

website: scihp.org/manchester-point-arena-satellite-clinic/

California Rural Indian Health Board

(800) 274-4288

(916) 929-9761

website: crihb.org

MENTAL HEALTH

Redwood Community Crisis Center Fort Bragg

(707) 961-0308

website: redwoodcommunityservices.org/crisis

Medicare Resources for Mental Health Care

Website: medicareplans.com/mental-health-care-outpatient-for-medicare

LEGAL

Fort Bragg Police Department

(707)962-1100

250 Cypress Street, Fort Bragg, CA 95437

Legal Services of Northern California

(877) 529-7700

(707)462-1471

website: laaonline.org/organization/8988/legal-services-northerncalifornia

Migrant Education Services

(707)961-3735 or (707)734-0820 Cell or Text

Mendocino County Sheriff's Office

(707)961-2421

website: mendocinosheriff.org

Mendocino County Legal Aid

(707) 462-1471

website: [justia.com/lawyers/california/mendocino-county/legal-aid-andpro-bono-services](https://www.justia.com/lawyers/california/mendocino-county/legal-aid-andpro-bono-services)

Legal Aid of Sonoma County

(707) 542-1290

website: [legalaidsc.org](https://www.legalaidsc.org)

Sonoma County Victim Assistance Program

(707) 565-8250

Sonoma County Department of Child Support

(866) 901-3212

website: sonomacounty.ca.gov/Child-Support-Services

California Rural Legal Assistance

(800) 337-0690

website: [crla.org](https://www.crla.org)

Adult Protective Services

(877) 327-1799

website: sonomacounty.ca.gov/Human-Services/Adult-and-Aging/AdultProtective-Services

FAMILY CHILDREN ASSISTANCE

Family and Children 's Services Mendocino (CPS)

(866) 236-0368

website: mendocinocounty.org/government/health-and-human-servicesagency/children-s-services

Family and Children 's Services Sonoma (CPS)

(707) 565-4300

website: sonomacounty.ca.gov/Human-Services/Family-Youth-andChildren-s-Division

Employment & Family Assistance Services

CalWORKs, TANF, CalFresh, EBT Cards, Medi-Cal, CMSP, and CalWORKs Job Services

Fort Bragg

(707) 962-1000 | (877)-327-1677 | Fax (707) 962-1010

website: mendocinocounty.org/government/health-and-human-servicesagency/social-services/employment-family-assistance-services

ADDICTION RECOVERY/PREVENTION

Women's Recovery Services

A Recovery Program for Pregnant and Parenting Women

Phone (707) 527-0412

website: womensrecoveryervices.org

Mendonoma Health Alliance

(707) 412-3176 x102

website: mendonomahealth.org

Olympia House

(888) 795-1965

website: olympiahouserehab.com